

Grade 4 Ballet Glossary.

From this grade the examiner will give a free enchainment to one of the set pieces of music these may contain steps from previous grades.

Pas de Basque Glisse

Attitude a Deux Bras

Petit developpe to degage

Coupe over & under

Courus en avant

Courus turning

Pirouette en dehors (Boys only)

Balance en avant & en arriere

Glissard over & under

Coupes saute

Releve passe derriere

Full detourne

Pose temps leve in arabesque and in retire position

Degage: To disengage the foot from a closed to an open position

Frappe: To strike

Developpe: To unfold.

DANCE-A-CISE
EST. OVER 30 YEARS

40 Leyton Cross Road,
Dartford, Kent,
DA2 7AW
0776 555 6418
contact@dance-a-cise.co.uk
www.dance-a-cise.co.uk
