

## Grade 2 Ballet Glossary.

From this grade the examiner will give a free enchainment to one of the set pieces of music these may contain steps from previous grades.

The candidate should be aware of the directions of the body, Enface, Ouverte and croise.

Walks on demi pointe

Chasse en avant

Attitude ordinaire a terre

1<sup>st</sup> Arabesque a terre

Releve 5<sup>th</sup>

Soubresauts

Glissard devant and derriere in one count

Jetes derriere

Simple Coupe (Over and under)

Polka step forward and sideways

Positions of the feet: There are 5 positions - 1<sup>st</sup> 3<sup>rd</sup> & 5<sup>th</sup> are all closed positions

2<sup>nd</sup> & 4<sup>th</sup> are open positions and may be crossed.

Fondu: A bending of one knee (or to melt)

En Croix: In the shape of a cross

Retire: To draw up

Bras Arms

Bas: Down

Changement: To change

Temps Leve: To hop

Coupe: To cut the weight of the body from one foot to the other.

Chasse: A sliding movement.

Enavant: Forward.

Pose: A step.

Enchainements: The amalgamation of steps.

Glissade: A gliding movement always ending in a demi plie.