

PRIMARY BALLET TERMINOLOGY

Demi = Half

Plies = Bend of the knees

Degage = to release the foot from a closed to an open position

Fondu = a bend of one leg (to melt)

Ports de Bras = the carriage of the arms

Sautes = to spring

Echappes = to escape

Pas de cheval = a step of a horse

Petit = small

Jetes = 'thrown' to spring from one foot to the other

Curtsey or Bow = to say thank you