

## GRADE 2 BALLET TERMINOLOGY

All previous grade plus

Releve = to snatch onto demi pointe, the toe takes the place of the heel.

Detourne = a turn on two feet

A terre = on the ground

En dehors = outwards

En dedans = inwards

Pirouette = a spin on one foot

Adage = slow movement

Ouverte = open

Chasse = a sliding movement

En avant = forward

Attitude = a position on one leg the other in crossed 4<sup>th</sup> a terre or en l'air

Ordinaire = same arm as the working leg

Arabesque = a position on one leg the other in open 4<sup>th</sup> a terre or en l'air

Soubresaut = a jump in 3<sup>rd</sup> with no change of feet

Coupe = to cut the weight of the body from one foot to the other

Variation = dance

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40 Leyton Cross Road,  
Dartford, Kent,  
DA2 7AW  
0776 555 6418  
[contact@dance-a-cise.co.uk](mailto:contact@dance-a-cise.co.uk)  
[www.dance-a-cise.co.uk](http://www.dance-a-cise.co.uk)