

## ADVANCED 1 BALLET TERMINOLOGY

All previous grade plus

Flic flac = a flicking or lashing movement

Sur place = on the spot

En manege = travelling in a circle

Terre a terre = hardly leaving the ground

Ballottes = tossed

Penchee = inclining

Allongee = lengthened

Chaines = a chain or link

Temps de cuisse = thigh movement

Cinq = five

Failli = giving way, a fleeting movement

Double = doubled

Temps de poisson = fish step

Cabriole = caper

Brise = broken

Brise Telemaque = a set brise enchainement

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